

Problem 7.1

For the  $n$ -th eigenstate of a 1D harmonic oscillator, find averages  $\langle x \rangle$ ,  $\langle x^2 \rangle$ ,  $\langle p \rangle$ , and  $\langle p^2 \rangle$  and the product  $\Delta x \Delta p$  of the r.m.s. fluctuations of the coordinate and momentum.

*Hint 1:* Instead of using the explicit form of eigenfunctions  $u_n(x)$ , with their Hermite polynomials, express operators  $x$  and  $p$  as linear combinations of the creation and annihilation operators  $a^+$ ,  $a$ , and use their properties discussed in class, in particular the results for  $a^+ u_n$  and  $au_n$ .

*Hint 2.* Remember that the eigenfunctions  $u_n$  are "orthonormal":  $\int_{-\infty}^{+\infty} u_n^*(x)u_n(x)dx = \delta_{n,n}$ .

Solution:

Solving the equations, which define  $a^+$ ,  $a$ , for  $x$  and  $p$ , we get:

$$x = \sqrt{\frac{\hbar}{2m\omega}}(a + a^+), \quad p = \frac{1}{i} \sqrt{\frac{\hbar m\omega}{2}}(a - a^+).$$

Plugging the first of these formulas into the definition of the average  $\langle x \rangle = \int_{-\infty}^{+\infty} u_n^*(x)xu_n(x)dx$ , and

using the relations discussed in class,  $au_n = \sqrt{n}u_{n-1}$ ,  $a^+u_n = \sqrt{n+1}u_{n+1}$ , we get:

$$\begin{aligned} \langle x \rangle &= \sqrt{\frac{\hbar}{2m\omega}} \int_{-\infty}^{+\infty} u_n^*(x)(a + a^+)u_n(x)dx = \sqrt{\frac{\hbar}{2m\omega}} \int_{-\infty}^{+\infty} u_n^*(x) [\sqrt{n}u_{n-1}(x) + \sqrt{n+1}u_{n+1}(x)]dx \\ &= \sqrt{\frac{\hbar}{2m\omega}} \left[ \sqrt{n} \int_{-\infty}^{+\infty} u_n^*(x)u_{n-1}(x)dx + \sqrt{n+1} \int_{-\infty}^{+\infty} u_n^*(x)u_{n+1}(x)dx \right]. \end{aligned}$$

Due to the orthogonality of the eigenfunctions with different indices, both integrals equal zero and hence  $\langle x \rangle = 0$ . This could be anticipated because of the symmetry of the problem.

However, the average of  $x^2$  is not equal zero:

$$\langle x^2 \rangle = \frac{\hbar}{2m\omega} \int_{-\infty}^{+\infty} u_n^*(x)(a + a^+)^2 u_n(x)dx = \frac{\hbar}{2m\omega} \int_{-\infty}^{+\infty} u_n^*(x)(a^2 + a^{+2} + aa^+ + a^+a)u_n(x)dx.$$

The sequential application of operators yields:

$$\begin{aligned} \langle x^2 \rangle &= \frac{\hbar}{2m\omega} \left[ \sqrt{n(n-1)} \int_{-\infty}^{+\infty} u_n^*(x)u_{n-2}(x)dx + \sqrt{(n+1)(n+2)} \int_{-\infty}^{+\infty} u_n^*(x)u_{n+2}(x)dx \right. \\ &\quad \left. + (n+1) \int_{-\infty}^{+\infty} u_n^*(x)u_n(x)dx + n \int_{-\infty}^{+\infty} u_n^*(x)u_n(x)dx \right] = (2n+1) \frac{\hbar}{2m\omega}. \end{aligned}$$

For the ground state ( $n = 0$ ), this result reduces to the fundamental formula  $\langle x^2 \rangle = \frac{\hbar}{2m\omega}$  which we obtained in class directly from the Gaussian wavefunction of that state. In the excited states ( $n > 0$ ),  $\langle x^2 \rangle$  grows linearly with  $n$ . This result could be expected, because the average is directly

related to the average potential energy of the oscillator:  $\langle U \rangle = \frac{m\omega^2}{2} \langle x^2 \rangle = \frac{\hbar\omega}{4} (2n+1)$ . This is just a half of  $E_n = \hbar\omega(n+1/2)$ , as could be expected from classical mechanics.

The absolutely similar calculations for momentum give  $\langle p \rangle = 0$ ,  $\langle p^2 \rangle = \frac{\hbar m\omega}{2} (2n+1)$ , so that the average kinetic energy of the oscillator,  $\langle K \rangle = \frac{\langle p^2 \rangle}{2m} = \frac{\hbar\omega}{4} (2n+1) = \langle U \rangle = \frac{E_n}{2}$ .

The Heisenberg uncertainty product  $\Delta x \Delta p = (\langle x^2 \rangle \langle p^2 \rangle)^{1/2} = (2n+1) \frac{\hbar}{2}$ . Quite naturally, the uncertainty is smallest in the ground state.

### Problem 7.2

A harmonic oscillator is initially prepared in state  $\psi(x,0) = \frac{1}{\sqrt{2}} [u_0(x) + u_1(x)]$ . Find the time evolution of the (ensemble) average  $\langle x \rangle$ .

*Solution:* Time evolution of each eigenfunction follows  $\exp(-iE_n t / \hbar)$ , with  $E_n = \hbar\omega(n+1/2)$  so that the whole wavefunction evolves as

$$\psi(x,t) = \frac{1}{\sqrt{2}} \left[ u_0(x) \exp(-i \frac{E_0}{\hbar} t) + u_1(x) \exp(-i \frac{E_1}{\hbar} t) \right] = \frac{1}{\sqrt{2}} \exp(-i \frac{\omega}{2} t) [u_0(x) + u_1(x) \exp(-i\omega t)].$$

Now, we can calculate the requested average:

$$\begin{aligned} \langle x \rangle &= \int_{-\infty}^{+\infty} \psi^*(x,t) x \psi(x,t) dx = \frac{1}{2} \int_{-\infty}^{+\infty} [u_0^*(x) + u_1^*(x) \exp(+i\omega t)] x [u_0(x) + u_1(x) \exp(-i\omega t)] dx \\ &= \frac{1}{2} \left[ \int_{-\infty}^{+\infty} u_0^*(x) x u_0(x) dx + \int_{-\infty}^{+\infty} u_1^*(x) x u_1(x) dx + \exp(-i\omega t) \int_{-\infty}^{+\infty} u_0^*(x) x u_1(x) dx + \exp(i\omega t) \int_{-\infty}^{+\infty} u_1^*(x) x u_0(x) dx \right]. \end{aligned}$$

As we already know from Problem 7.1, the first two integrals equal zero. However, the last ones are not:

$$\begin{aligned} \int_{-\infty}^{+\infty} u_1^*(x) x u_0(x) dx &= \sqrt{\frac{\hbar}{2m\omega}} \int_{-\infty}^{+\infty} u_1^*(x) (a + a^+) u_0(x) dx = \sqrt{\frac{\hbar}{2m\omega}} \int_{-\infty}^{+\infty} u_1^*(x) u_1(x) dx = \sqrt{\frac{\hbar}{2m\omega}}, \\ \int_{-\infty}^{+\infty} u_0^*(x) x u_1(x) dx &= \sqrt{\frac{\hbar}{2m\omega}} \int_{-\infty}^{+\infty} u_0^*(x) (a + a^+) u_1(x) dx = \sqrt{\frac{\hbar}{2m\omega}} \int_{-\infty}^{+\infty} u_0^*(x) u_0(x) dx = \sqrt{\frac{\hbar}{2m\omega}}. \end{aligned}$$

As a result,

$$\langle x \rangle = \frac{1}{2} \sqrt{\frac{\hbar}{2m\omega}} [\exp(+i\omega t) + \exp(-i\omega t)] = \sqrt{\frac{\hbar}{2m\omega}} \cos \omega t.$$

It is a remarkable property of quantum mechanics that a superposition of two states, each of which separately would give  $\langle x \rangle = 0$ , yields  $\langle x \rangle \neq 0$ . Essentially, this is the time equivalent of the wave interference in space. We have discussed in class another example of this phenomenon: the coherent (Glauber) state.