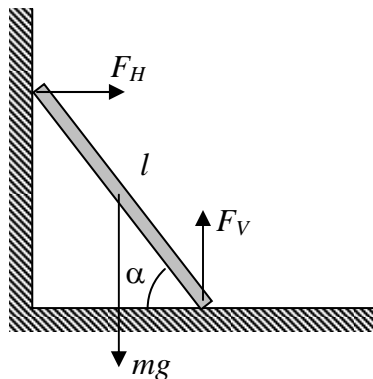


**Problem 8.1.** For the “sliding ladder” problem started in class (see Sec. 5.9 of the lecture notes), assuming that the ladder starts sliding from a virtually vertical position with a negligible initial velocity:

- (a) find the critical value  $\alpha_c$  of angle  $\alpha$  at which the ladder loses contact with the vertical wall;
- (b) write the equations of motion and all available conservation laws for the further motion (at  $\alpha < \alpha_c$ );
- (c) would the right end of ladder lose the contact with the floor before its left end hits the ground?



*Solution:*

(a) The ladder separates from the wall when the (horizontal) force  $F_H$  applied to the ladder from the wall (see Fig. above) turns to zero. The force may be found from the horizontal component of the 2<sup>nd</sup> Newton law for the center of mass:

$$F_H = M\ddot{X} = -\frac{Ml}{2}(\ddot{\alpha} \sin \alpha + \dot{\alpha}^2 \cos \alpha).$$

We may express  $\dot{\alpha}^2$  via  $\alpha$  from using the first integral of motion (see Eq. (68) of the lecture notes) which, for our particular initial conditions ( $E = Mgl/2$ ), takes the form

$$\dot{\alpha}^2 = 2\omega^2(1 - \sin \alpha), \quad \omega^2 \equiv 3g/2l. \quad (1)$$

Also, differentiating this equation over time gives us an expression for  $\ddot{\alpha}$  as a function of  $\alpha$ :

$$\ddot{\alpha} = -\omega^2 \cos \alpha$$

(which is essentially the equation of motion of the system and could be obtained in the usual way from its Lagrangian). Plugging these expressions into the condition  $F_H=0$ , we get the following equation for the critical angle  $\alpha_c$ :

$$\omega^2(-\cos \alpha_c \sin \alpha_c + 2(1 - \sin \alpha_c) \cos \alpha_c) = 0,$$

which may be readily solved:

$$\alpha_c = \arcsin \frac{2}{3} \approx 42^\circ. \quad (2)$$

For what follows, we will also need the value of  $\dot{\alpha}^2$  at this angle, which may be obtained from Eqs. (1) and (2):

$$\dot{\alpha}^2 \Big|_{\alpha=\alpha_c} = \frac{3g}{l}(1 - \sin \alpha_c) = \frac{g}{l}. \quad (3)$$

(b) At  $\alpha < \alpha_c$ , the constraint  $X = (l/2)\cos \alpha$  is no longer valid, but the condition  $Y = (l/2)\sin \alpha$  is still intact (if the right end of the ladder stays in contact with the floor). The latter condition may be used to exclude  $Y$  and  $\dot{Y}$  from the Lagrangian, but  $\dot{X}$  remains there:

$$L = \frac{M}{2} \left[ \dot{X}^2 + \left( \frac{l}{2} \dot{\alpha} \cos \alpha \right)^2 \right] + \frac{Ml^2}{24} \dot{\alpha}^2 - Mg \frac{l}{2} \sin \alpha, \quad (4)$$

so that the system should be considered now as having two degrees of freedom,  $X$  and  $\alpha$ .

The equation of motion along the former coordinate is now very simple:  $\ddot{X} = 0$ . (This is very natural, because there is no more horizontal force applied to the ladder.) The corresponding first integral of motion,

$$\dot{X} = \text{const} \quad (5)$$

is just the law of conservation of the horizontal linear momentum.

For the second generalized coordinate, angle  $\alpha$ , Eq. (4) yields the following Lagrangian equation of motion:

$$\frac{d}{dt} \left[ \dot{\alpha} \cos^2 \alpha + \frac{1}{3} \dot{\alpha} \right] + \dot{\alpha}^2 \sin \alpha \cos \alpha + \frac{2g}{l} \cos \alpha = 0,$$

i.e.

$$\ddot{\alpha} \left( \cos^2 \alpha + \frac{1}{3} \right) - \dot{\alpha}^2 \sin \alpha \cos \alpha + \frac{2g}{l} \cos \alpha = 0. \quad (6)$$

The first integral of this equation,

$$\frac{1}{2} \dot{\alpha}^2 \left( \cos^2 \alpha + \frac{1}{3} \right) + \frac{2g}{l} \sin \alpha = \text{const}. \quad (7)$$

is essentially a combination of the laws of conservation of energy

$$E = \frac{M}{2} \dot{X}^2 + \frac{Ml^2}{8} (\dot{\alpha} \cos \alpha)^2 + \frac{Ml^2}{24} \dot{\alpha}^2 + Mg \frac{l}{2} \sin \alpha,$$

and momentum (5). The constant in Eq. (7) may be found from Eqs. (2) and (3) that play the role of initial conditions for this stage of the process:

$$\frac{1}{2} \dot{\alpha}^2 \left( \cos^2 \alpha + \frac{1}{3} \right) + \frac{2g}{l} \sin \alpha = \left[ \frac{1}{2} \dot{\alpha}^2 \left( \cos^2 \alpha + \frac{1}{3} \right) + \frac{2g}{l} \sin \alpha \right]_{\alpha=\alpha_c} = \frac{16g}{9l}. \quad (8)$$

(c) The (vertical) force applied to the ladder from the floor may be calculated from the vertical component of the 2<sup>nd</sup> Newton law,  $M\ddot{Y} = F_v - Mg$  (see Fig. above), giving

$$F_v = Mg + \frac{Ml}{2} \frac{d^2}{dt^2} \sin \alpha = Mg + \frac{Ml}{2} (\ddot{\alpha} \cos \alpha - \dot{\alpha}^2 \sin \alpha).$$

Plugging in  $\ddot{\alpha}$  from Eq. (6) and then  $\dot{\alpha}^2$  from Eq. (8) into this expression, we get the force as a function of angle  $\alpha$ :

$$F_v = Mg f(\alpha), \quad f(\alpha) = 1 + \frac{3}{(1 + 3\cos^2 \alpha)} \left[ 2 \sin \alpha \left( \frac{8}{9} - \sin \alpha \right) \left( \frac{3 \cos \alpha}{1 + 3\cos^2 \alpha} - 1 \right) - \cos^2 \alpha \right].$$

This function is positive for all angles within the range of the second stage of motion  $0 < \alpha < \alpha_c$  (see the MathCAD plot below) and hence the right edge of the ladder does retain its contact with the floor all the way until the ladder drops flat.

